

GENERAL HEALTH PROFILING FOR UNIVERSITY OF VETERINARY AND ANIMAL SCIENCES, LAHORE

Part-A Basic Personal Information (To be filled by student)

Name of Student: _____ Degree Program: _____ Gender: _____ Age: _____

Residential Address: _____ Contact No.: _____

Part-B Basic Medical History (To be filled by student and verified by recognized Medical Professional (RMP))

Sr. No	Indicator	Yes	No	Detail if any
1.	Family History of any Medical or Psychiatric illness:			
2.	Past medical and surgical history if any			
3.	History of substance abuse in family (Drugs):			
4.	Decrease appetite and loss of weight			

Part-C General Physical Examination (To be filled by paramedical staff)

Sr. No	Indicator	Yes	No	Detail if any
1.	Height			
2.	Weight			
3.	Blood Pressure			
4.	Temperature			
5.	Pulse Rate			
6.	Respirator Rate			
7.	Any obvious structural abnormality on inspection			
8.	Any superficial cuts, needle marks, or burn marks on skin			

Part-D: General Mental Health (as per Psychiatrist Assessment)

Sr. No	Indicator	Good	Average	Poor
1.	General appearance and behavior			
2.	Self care:			
3.	Rapport building:			
4.	Understanding of situation/response to instruction.			

2. General Mental Health (To be filled & authenticated by concerned institution)

Sr. No	Indicator	Yes	No	Detail if any
1.	Past psychiatric history, if any			
2.	History of smoking/abuse			
3.	Decline in academic performance			
4.	Risky behavior, vehicle accident, school fight, weapon possession			
5.	Habit of running away/missing routine classes:			
6.	History of stealing, late arrival in school, sexual activities			
7.	Bad company, bullying, drug and scuffle:			
8.	Isolation from positive interest/hobbies:			
9.	Abrupt change in daily routine:			
10.	Decline in other activities/hobbies			
11.	Disturbed sleep awake-cycle/habit of dozing in class:			
12.	Social media posts/other indications pointing towards drug use, tattoos, stickers on vehicle/books			
13.	Mood swings/increased irritability			
14.	Lack of physical energy and motivation, fatigue & tiredom			
15.	Decline in self care:			
16.	Suspiciousness or other unusual behavior:			
17.	Decline in socialization:			
18.	Unusual protective behavior/over secretive behavior			
19.	Evidence of remains of cigarette/objects and tools used for drugs found in personal belonging:			

Part-E: (Applicable in case of positive initial risk assessment)

- Structured/formal psychological assessment to be carried out if there is sound susceptibility of substance use

- Urine drug screening test if formal psychological assessment confirms suspicion of drug addiction.

Signature of Teacher In charge

Signature of Registered
Medical
Practitioner

Signature of Institution