

#### Khezar Hayat drkhezar@hotmail.com MOBILE # +92-345-7552249 www.medimoon.com

#### **OBJECTIVE**

I am a self-motivated person and would like to be in an environment, which can use the best of my skills and provides me opportunities to enhance this skill.

#### **PERSONAL INFORMATION**

Father's Name:	Shokat Hayat Naseem
Domicile:	Toba Tek Singh (Punjab, Pakistan)
N.I.C #.	33303-4061780-3
Permanent address	Hayat House, Street No. 03, Faiz Colony, Toba Tek Singh, Pakistan

#### **EDUCATION**

Degree	Institute	Year	Percentage
Ph.D (Pharmaceutics)	Punjab University	2013-2018	Scholar ( <b>Position Holder</b> )
M.Phil (Pharmaceutics)	BZU Multan	2010-2012	(86%) ( Position Holder)
Pharm D (Doctor of Pharmacy)	GC University Faisalabad	2005-2010	75%
F.Sc (Pre-Medical)	BISE Faisalabad	2003-2005	73%
Matriculation	BISE Faisalabad	2001-2003	84%

## ACHIEVEMENTS

- 1. Position holder in Ph.D with 3.90 cGPA (Course work)
- 2. Position holder in M.Phil with 3.97 cGPA
- 3. Achieved merit scholarship two times
- 4. Achieved best presentation award
- 5. Declared best student of Clinical Pharmacy twice
- 6. Attained different positions during academic career including Pharm D

#### **PROFESSIONAL EXPERIENCE**

- 1) Working as **Lecturer** in Insitute of Pharmcetuical Sciences (IPS), UVAS, Lahore since Fab, 2015
- 2) Focal Person to update IPS page on UVAS website since 7<sup>th</sup> May, 2015 to date.
- **3) Member** of Departmental Purchase And Maintanence Committee of IPS, UVAS since 17<sup>th</sup> March, 2015 to date
- **4**) Worked as **Lecturer** in the department of Pharmacy, Hajvery University, Lahore since Jan 15, 2012 to Fab, 2015.
- 5) Incharge of different labs in department of Pharmacy, Hajvery University
- 6) Owner and Editor at <u>www.medimoon.com (Trusted Medical Site)</u>
- 7) Member of Research and Ethics Committee (REC) of Hajvery University, Lahore
- 8) Worked as Production Officer in Remington Pharmaceuticals Lahore for a duration of 3 months
- **9**) Internship at **Servier Research and pharmaceuticals** Lahore Pakistan for duration of one and half month
- 10) Internship at Allied Hospital Faisalabad for duration of one month
- 11) Internship at Care Pharmacy in Faisalabad for duration of one month
- 12) Experience in using CHEMDRAW medicinal software in drug designing
- **13**) As a Trainee pharmacist (Apprenticeship) as per course for the practice of Clinical Pharmacy 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> semester in Allied hospital & DHQ hospital, Faisalabad

# M.PHIL STUDENTS SUPERVISED

Designation	M. Phil Students	
	in Progress	Produced
Supervisor	0	02
Member	02	02
Total	02	04

## **RESEARCH AND PUBLICATIONS**

- 1. M.Abuzar Ghaffari. S.Bano. **K.Hayat**. Antimicrobial and phytotoxic properties of the plant Heliotropium dasycarpum L. Int J of Pharm Bio Sci.2013;4(4): (P) 339-345
- 2. UZ Paracha, I Qadri, **K Hayat**, T Hussain. Biomarkers for Alzheimer's disease and Potential Future Directions. Aging and Neurodegeneration. 2013; 1(01); 25-29.
- Paracha, Usman Zafar, Khezar Hayat, Muhammad Ali, and Muhammad Imran Qadir. "New diagnostic and therapeutic avenues for mesothelioma." Pak. J. Pharm. Sci (2015): 1425-1432.

4. Z. Ashraf, L. Shakir, T. Ali, **K. Hayat,** R. Raheel, A. Ahmed, Randomized clinical trial: Adjuvant effect of bovine lactoferrin with standard triple therapy in Helicobactor Pylori eradication, Asian Journal of Multidiciplinary Studies. 2015, (3)9

#### **ABSTRACTS/CONFERENCE PAPERS**

- 1. **K. Hayat,** N.I. Bukhari, F. Chowdhary and K.M. Khan, Investigation of Anti-asthamtic medication utilization: An observational study. 37th All Pakistan Science Conference (Pakistan Association for the Advancement of Science), 2015, Page No. 03
- 2. K.M. Khan, G.A. Khan, M. Irfan, F. Chowdhary, **K, Hayat,** and A, Mannan, Fingerprint analysis of ethyl acetate extract of Aperagus Adscendens by high performance liquid chromatography, 37th All Pakistan Science Conference (Pakistan Association for the Advancement of Science), 2015, Page No. 13
- 3. **K. Hayat,** N. Murtaza, N.I. Bukhari, A.U. Khan, Determination of effects of micronutrients on the prognosis rate of tuberculosis, International Human Nutrition Conference and Expo-15, Abstract code: 2015-INCE-60
- 4. **K. Hayat,** A. Azam, N. I. Bukhari, F. Chowdary, K. M. Khan. Cure of thalassemia by gene therapy; a review of literature. Abstract No. 53. IPCE 2016

## **CONFERANCES (ATTENDED)**

- Drug Act 2012 and Future Healthcare Challenges, held in faculty of Pharmacy, Hajvery University, Lahore on 21st January 2014.
- Latest trends in community pharmacy and pharmacy practice held in UVAS, Lahore on 1<sup>st</sup> October 2015.
- International Human Nutrition Conference and Expo-15 held in PC Hotel, Lahore on 3rd and 4th November, 2015.
- 37th All Pakistan Science Conference held in PCSIR, Lahore on 16th and 17th November, 2015.
- 19<sup>th</sup> International Conferenc and Exhibition held in PC, Lahore on 21<sup>st</sup> 24<sup>th</sup> April, 2016

## **CONFERANCES (ORGANIZED)**

• Drug Act 2012 and Future Healthcare Challenges, held in faculty of Pharmacy, Hajvery University, Lahore on 21st January 2014. (Certificate of Appreciation)

## **TRAINING/WORKSHOPS (ATTENDED)**

- "Clinical Trail Monitoring Course" in Faculty of Pharmacy, Government College University, Faisalabad. July 2008
- Training Workshop on Endnote X7 Basics organized by Department of Food Science and Human Nutrition, UVAS, Lahore on 10th October, 2015.

## PROJECTS

• Evaluation Of Different Antibiotics And Steroidal Residues In Meat Of Chicken And Their Effects On Humans In Punjab, Pakistan as Co. Principle Investigator (Co.PI), AIP-PARB, 4.8 Millions. (Approved)

## VIRTUAL COURSES

- Completed the online course on Acute Infectious Diarrhea from AHC Media LLC on June 05, 2010
- 2. Completed the course on Gout from University of Michigan Medical School
- 3. Completed the online course on Diabetes Mellitus
- 4. Completed the online course on DKA and Insulin
- **5.** Completed the course of **Treating Chronic Pain- NSAIDS and Arthritis** having Accreditation No: 798-000-08-044-H01-P on **5/10/2009**
- 6. Completed the course of An Update of the Pharmacological Treatments for Hypertension having Accreditation No: 0798-0000-07-084-H01-P on 4/20/2009

#### **SEMINARS ATTENDED**

- > Clinical trial monitoring course, Faisalabad held at July 2008 GCUF
- 1<sup>st</sup> National pharmacy conference Bahawalpur, held at 02-04 March, 2007 \*Pharmacy in new era\* Organized by IUB & HEC.

Topic: "Better Quality Of Life Through Pharmacy Profession".

## **COMPUTER SKILLS**

Certificate in MS Office Comfortable with, Ms-Word, Ms-Power Point, Ms- Excel, Window-98, 2000 And Xp, Email System, Internet

## LANGUAGES

English, Urdu, Punjabi.

#### WEBSITE

- <u>www.medimoon.com</u> (a Medical site which provides latest information about medical and pharmaceutical field.
- <u>www.facebook.com/druginformationcenter</u> (a Very useful information about drugs and diseases is being shared continuously for the benefit of public, researchers and students.

# REFRENCES

- 1. Prof Dr. Nadeem Irfan Bhukhari, Principle, University College of Pharmacy, University of the Ounjab, Lahore, Pakistan, Mobile # =923004259738
- 2. Prof. Dr Muhammad Nawaz, Ex-Vice Chancellor, University of Veterinary and Animal Sciences, Lahore, Pakistan, Mobile # =923006600704